



Professional Tennis Registry,
All About Tennis &
Head/Penn Racquet Sports

Professional Tennis Management Presents: 2019-2020 Fall and Winter, Spring & Summer Junior Tennis Camps



Michael R. Lowdermilk Camp Director:

PTM Founder/Director (MBA)
USPTA – Elite Professional/PTR 5A
PTR National Tester & Clinician
USTA High Performance Coach
2005 & 2015 Arizona PTR Member of
the Year
Played USTA Pro Amateur &
ATP Tour Events

About the Camp

These innovative camps include but are not limited to; in-depth video analysis, stroke production with consistency drills, basic & advanced drills and supervised match play. Tactics and strategies along with mobility and footwork drills will also be emphasized. The camps begin at 7:30am each morning (Monday-Friday) and end at 1:30pm. In addition to an intensive and comprehensive on-court tennis agenda a number off court activities are planned such as resistance training, plyo-metrics, static and dynamic stretching, footwork and conditioning exercises, mental toughness training, strategy sessions, video analysis, snacks, lunch, indoor mini-tennis tennis, games & contests.

Camp Features:

- ◆ 1:6 Pro to Student Ratios
- ◆ PTR/USPTA Certified Professional Instruction for all age & skill levels
- ◆ Individual Player Profiles based on physical and chronological age & skill
- ◆ Conditioning, speed, and agility drills exercises and personal fitness regimes
- ◆ Personal evaluation of strokes with video analysis
- ◆ Intensive match play drills & singles and doubles match play
- ◆ Tactics, strategies and mental skills coaching
- ◆ Tips on effective skin care, and developing dietary and nutritional habits
- ◆ Tips on how understand your game style & how to set up your tournament schedule

**For Locations & Camp Info Contact Michael Lowdermilk at:
480-628-0851 (C), www.tennislessonsaz.com, tennislessonsaz@gmail.com**

2019-2020 Fall, Winter, Spring & Summer Jr. Tennis Camp Registration Form

Please complete this form and return to:
Professional Tennis Management
ATTN: Michael Lowdermilk
15124 S. Mountain Rd.
Mesa, AZ 85212
480-628-0851 (C)
480-641-9741 H/O & Fax
tennislessonsaz@gmail.com

Each day (6 hours) of the camp is \$78/Member & \$90/NM. The week-long (30 hour) camp is only \$330/Member & \$385/NM. All camp reservations must be secured by a \$50 per person deposit. **Half-day camps are also available at \$40/Member & \$45/Non-Member but do not include lunch.** In the event of a cancellation, all payments will be credited toward a future camp or junior program enrollment w/in the calendar year. (Minimum of 4-6 juniors per camp). **Juniors must qualify for advanced camp(s).**

I would like to participate in the following Junior Camp(s): Please Circle Choice(s):
2019: Fall: October 7-11, Winter: Mini Camp - Dec. 27-28 2020: Mini Camp Jan. 3-4 & March 9-13
(8am-2pm - Full Day Camp, 8am-11am – Half-day Camp)

2019 Summer Camps

Day(s) per week enrolled: _____

Payment - Amount/Method \$ _____ / _____

June 3-7
June 17-21
June 28-29 (F-Sat)

July 8-12 (Adv. Camp)
July 22-26

July 29-31 (3 Days)

Player's Name: _____ Age: _____ Date of Birth: _____ Parents' Name(s): _____

Address: _____ City/State/Zip: _____

Phone: (H) _____ (W) _____ (C) _____ Email: _____

All Participants or/or Legal Guardians Must Sign:

The undersigned, in consideration of their child being accepted into a PTM Jr. Summer Tennis camp, hereby assumes all responsibilities for, and all risk of damage or injury that may occur or arise from their child's participation in this camp. The undersigned specifically releases and discharges PTM, VVL, and Michael Lowdermilk, their employees and agents from any liability, claims, demands or causes of action whatsoever while the undersigned participates in any of the activities and whether or not loss, or damage or iniurv from the neelience of PTM and Michael Lowdermilk. their employees or agents.