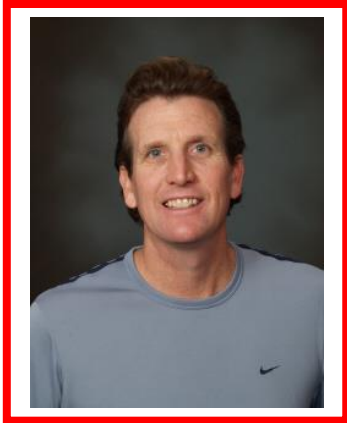




Val Vista Lakes & Professional Tennis Management Present: Junior Munchkin Tennis Program



2019 Junior Munchkin Tennis Program

Designed for 4-10 year olds from Novice to Beginning Intermediate Levels

- ◆ The Junior Munchkin Program is a fun and exciting program designed for the young player between 4-8 years old. PTM is adopting a developmental progressive approach to equipping children to play tennis quickly and appropriately utilizing modified racquets, lower pressure balls, and smaller courts (36' x 18', 60' x 21' & full sized courts). This approach borrows from and is in line with many initiatives *including ITF Play and Stay, USTA QuickStart and LTA Mini Tennis*. In order to provide the best possible atmosphere for learning, the juniors are divided in to two different groups, Mini-Munchkins (4-7 yrs) and Munchkins (7-10 yrs.)
- ◆ Warm-up and conditioning drills and exercises
- ◆ Personal evaluation of strokes and player profiles
- ◆ Game based learning situations & match play & advice on singles & doubles tactics

Michael Lowdermilk

USTA High Performance Coach
USPTA/P-1/PTR National
Tester
2005 & 2015
AZ PTR Member of Year
Former Van der Meer Tennis
Director of Tennis

Contact Information:

480-628-0851 (C)
tennislessonsaz@gmail.com

1 Day per wk (4 hrs. /month) - \$52 Mem. / \$56 Non-Mem.
2 Days per wk (8 hrs. /month) - \$104 Mem. / \$112 Non-Mem.
3 Days per wk (12 hrs. /month) - \$156 Mem. / \$168 Non-Mem.
4 Days per wk (16 hrs. /month) - \$208 Mem. / \$224 Non-Mem.
5 Days per wk (20 hrs. /month) - \$260 Mem. / \$280 Non-Mem.

2019 Schedule

Session I: Jan. 7-Feb. 1	Session V: April 29-May 24	Session IX: Aug. 19-Sept. 13
Session II: Feb. 4-March 1	Session VI: May 27-June 21	Session X: Sept. 16-Oct. 11
Session III: March 4-29	Session VII: June 24-July 19	Session XI: Oct. 14-Nov. 8
Session IV: April 1-26	Session VIII: July 22-Aug. 16	Session XII: Nov. 11-Dec. 6

Monday-Friday, 6-7pm (Year Round)
8-9 am (Summers) & 4:30-5:30pm (Oct.-May)

2019 Jr. Munchkin Program Registration Form

NAME: _____ PARENT(S) NAME(S): _____

ADDRESS: _____

CITY/STATE/ZIP: _____ EMAIL: _____

PHONE: (Home) _____ (work) _____

CLINIC PAYMENT(S): \$ _____ **BONUS: Two (1) Hr. Lessons for the price of one (\$106 value for only \$53) _____
** (Bonus Lesson offer good with first time lessons only)

Please make all checks payable to: Val Vista Lakes

The undersigned, in consideration of being accepted, hereby assumes all responsibilities for, and all risk of damage or injury that may occur or arise from participation in the above event. The undersigned specifically releases and discharges Michael Lowdermilk, Professional Tennis Management., Val Vista Lakes, and their employees and agents from any and all liability, claims, demands or causes of action whatsoever while the undersigned participates in any of the activities and whether or not the undersigned incurs loss or damage or injury from the negligence of Michael Lowdermilk, Professional Tennis Management, Val Vista Lakes, and their employees and agents. This includes, but is not limited to, the facilities where said clinic is conducted.

Signature: _____ Date: _____

For Clinic Registration and Information Contact Val Vista Lakes Tennis Director:

Michael Lowdermilk at 480-628-0851 (C)

tennislessonsaz@gmail.com

www.tennislessonsaz.com



Michael Lowdermilk
PTM Founder/Director
Tennis Director: Val Vista Lakes
Private & Group Lessons

To Register & for More Info:
480-628-0851 C
[www.tennislessonsaz@gmail.com](mailto:tennislessonsaz@gmail.com)
www.tennislessonsaz.com